



**Key Stage 3**

The curriculum in each of Yr7, Yr8 and Yr9 is divided into six topics. Each topic is delivered for a period of a half term with teachers taking responsibility for one topic for the whole year. Across years there may be changes as staff change. In this way, teachers develop a much deeper understanding of the topic and therefore this should help make the lesson more meaningful and interesting. For 2021-22 these are the allocations:

	<b>HT1 6 lessons + 1 assembly</b>	<b>HT2 6 lessons + 1 assembly</b>	<b>HT3 6 lessons</b>	<b>HT4 6 lessons</b>	<b>HT5 6 lessons</b>	<b>HT6 6 lessons</b>
	9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> September 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> October	4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> November 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> December	6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> January 3 <sup>rd</sup> , 10 <sup>th</sup> February	24 <sup>th</sup> February 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 24 <sup>th</sup> , 31 <sup>st</sup> March	21 <sup>st</sup> , 28 <sup>th</sup> April 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> , 26 <sup>th</sup> May	9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> June 7 <sup>th</sup> , 14 <sup>th</sup> July
Year 7	Basic First Aid	Families	Christ at the Centre	Health & Prevention	Respectful Relationships	Online and Media
	SCU	SUL	CLE	PRB	TCO	DNI
Year 8	Human Rights	Drugs Alcohol & Tobacco	Physical Health & Fitness	Being Safe	Bullying	Careers & Money Management
	NLY	LVI	PTH	AHO	ACO	PCO
Year 9	Physical Health & Mental Wellbeing	Love & Relationships including LGBT	Crime & the Law	Intimate & Sexual Relationships including consent	Internet Safety & Harms	Global Citizenship
	GHU	ABE	NHA	MYO	SBO	MFO

**Curriculum and Resources**

These are easily accessible within the school files system on our internal network. These are more than adequate starting resources. Over the course of the year, it is expected that each of you will continue to enhance your curriculum resources as you see opportunities or, for example, if there are small changes in guidance. Copies of these resources should be kept on the school's hard drive so that they can be accessed by others too. If you introduce new resources, please ensure they are accurate and do not dissent from orthodox consensus. If in doubt, please ask for advice. Another area where this is potentially problematic is around relationships and sex education. Liverpool Archdiocese insist that content is designed and approved by the subject leader for Religious Education. In some areas, there is no room for a teacher to teach their own personal opinions. Students will, naturally, raise controversial points-and this is acceptable. We expect teachers to guide students into considering different opinions so that any Catholic values are not undermined.

## Broad curriculum outline lesson by lesson

Year 7	Basic First Aid	Families	Christ at the Centre	Health & Prevention	Respectful Relationships	Online and Media
Week 1	First Aid Kits	What are families?	School Community	What is health?	Positive relationships	Legal age for social media
Week 2	First Aid Priorities	Relationships	Charity	Personal Hygiene	Negative relationships	Being smart online
Week 3	CPR & Defibrillators	Marriage	Stewardship	Vaccines	Stereotyping	How others view you
Week 4	Wounds & Bleeding	Being a Parent	Water for life	Dental Health	Respect	Damage done?
Week 5	Burns	When things go wrong	Reconciliation	Sleep	Bullying	Staying safe
Week 6	Choking & Seizures	Responsibilities	Prayer	Eating well	Unacceptable behaviours	Stay in control - screen time
Year 8	Human Rights	Drugs Alcohol & Tobacco	Physical Health & Fitness	Being Safe	Bullying	Careers & Money Management
Week 1	Understanding HR	Drugs & their effects	Physical Health & Well-Being	What being safe means	Definition of bullying	Savings
Week 2	Human Rights UK	Mental health	Healthy Lifestyles	Consent 1	Effects of bullying	Savings accounts
Week 3	Freedom of Expression	Drug facts & the Law (1)	Body type & health	Consent 2	Cyberbullying 1	Making the most of your money 1
Week 4	The death penalty	Drug facts & the Law (2)	Inactivity, illness and disease	Sexual Exploitation	Cyberbullying 2	Making the most of your money 2
Week 5	Refugees & Asylum	Alcohol	Organ donation	Domestic Abuse	Emotive Language	Borrowing 1
Week 6	Taking action	Smoking	Diet & Food	FGM	Beating bullying	Borrowing 2
Year 9	Physical Health & Mental Wellbeing	Love & Relationships including LGBT	Crime & the Law	Intimate & Sexual Relationships including consent	Internet Safety & Harms	Global Citizenship * (Not yet written)
Week 1	Attitudes to mental health	Different types of relationship	Laws & their meaning	What constitutes an intimate relationship?	Good & Bad; using the internet wisely	Understanding the World
Week 2	Daily wellbeing	What is love?	Hate Crime	Feelings & Emotions	Sexting	Diversity
Week 3	Resilience	Different forms of love	Child Exploitation	Intimacy & health	Body Image	Social Justice
Week 4	Controlling effects of social media	Sexual orientation 1	Sexual Harassment	Reproductive health	Online content	Discrimination
Week 5	Self-harm	Sexual orientation 2	Domestic abuse	Expressing your feelings in a letter	Self-esteem	Challenging ignorance
Week 6	Eating disorders	Sexual bullying & the use of language	Abortion	Peer pressure	"Banter"- where is the line?	Getting involved

## Lesson Planning

For most topics and individual lessons, the digital resources already have lessons ready. It is an expectation that these will be updated using a common format template lesson plan as shown. This is a relatively simple, but essential task. Across Year 1 of this new curriculum, we need to more carefully monitor the content of lessons. It is also natural for individual teachers to want to deliver lessons with a sense of ownership. We will collect lesson plans from each teacher at the end of the second delivery period (end of HT2); this allows for plans to have been adjusted across the second period.

## Blank lesson plan

Sacred Heart Catholic College PSHE Lesson Plan		
Year Group	Unit title:  Teacher:	Lesson title:  Lesson number: /6
LEARNING OUTCOMES Pupils will:		Resources
<p><i>Lesson one must contain a base line knowledge quiz. Lesson six must contain an evaluation of the unit, including an evaluation of progress made. Please identify opportunities for independent learning and differentiation. There is no requirement to set homework.</i></p> <p><b>Connect</b> (revisit prior learning as per accelerated learning cycle / entry task): <a href="#">Enter what is happening here</a></p> <p><b>Activate</b> (e.g., teacher exposition / questioning / modelling): <a href="#">Enter what is happening here</a></p> <p><b>Demonstrate</b> (independent learning activity / pupils apply skills and knowledge): <a href="#">Enter what is happening here</a></p> <p><b>Consolidate</b> (Plenary / AfL Opportunities / Reflection on learning): <a href="#">Enter what is happening here</a></p>		

### Assessment

Our students need regular opportunities to reflect on and identify what they have learned and what they need to learn next. Teachers also need to gauge students' progress and make informed improvements to their learning if required.

Assessment therefore should be an integral part of the teaching and learning in PSHE, as it is in all subjects. PSHE cannot, however, be assessed in the same way as most other subjects. It would be inappropriate for assessment in PSHE to imply passing or failing for instance, as this might imply passing or failing 'as a person', given the subject's personal nature. It is, however, possible to recognise and evidence progress and attainment in PSHE knowledge, understanding, skills and attributes.

Each topic starts with a baseline knowledge quiz. You will be able to collect enough from a central source. 10 key aspects to be covered in the six lessons should be added to the template as shown. These sheets are given to students in lesson 1 and revisited in lesson 6.

Name:

Form:

**Year ? PSHE Topic Title**  
**Baseline Knowledge Quiz**



Read the statement and enter T (True) or F (False) in the end column. You should complete the first column in the first lesson of topic and the second column in the final lesson of the topic.

Statement	Start Date	End Date
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Score out of 10 \_\_\_\_\_

**Reviewing and feedback from students**

Each year, we will ask pupils about the impact that PSHE has made on their learning and development. We will do this in an online survey. We will ask:

- What is the best thing about PSHE education in this school?
- In what ways has PSHE helped you understand more about relationships?
- What topics do you think school should be teaching?
- How could PSHE education in this school be improved?