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Heartbeat



Monday, July 8

Middle School Special

Issue 37



Suit you: Our Year 11 students dressed to impress last month as they bid a fond farewell at their end of year Prom. The students met at Upper Site before moving on to the main event at Aintree Racecourse. For more, turn to p2.

Mizen parents return to spread forgiveness message

Back in 2016, our then Year 9 and 10 students were visited by Margaret and Barry Mizen, whose son, Jimmy, had been murdered in an unprovoked attack in London in 2008.

Their visit then was to pay thanks to our students who had raised £700 for their charity, The Jimmy Mizen Foundation.

Margaret and Barry Mizen hit the national headlines in 2008, after their son, Jimmy, was murdered in a London bakery in an unprovoked attack.

But what made the tragedy more remarkable was, immediately afterwards, both Margaret and Barry, spoke of compassion and forgiveness rather than revenge.

They set up The Jimmy Mizen Foundation in an effort to help bring positive change and to try and bring some good from their loss. As part of their ongoing work, they visit

schools throughout the UK to discuss forgiveness and they returned to Sacred Heart last month to speak to our Year 9 and 10 students.

Inspirational

Their message proved just as hard-hitting and as inspirational as it did three years ago, as Oliver Griffiths (9R) testifies: "This assembly showed me we should always forgive but we still need to punish people to keep them from committing the same crime again, otherwise we will never create a world of peace."

That message was echoed by both Will Lewis (9C) and Ben Wood (9A), who added: "This assembly spread the message of forgiveness to Sacred Heart and has inspired many pupils.

"Your bravery has possibly saved many lives by telling pupils the consequences of bully-

ing. Thank you for your assembly. We wish you and your family all the best in future."

Speaking after their talk, Margaret said: "It was a real honour for Brian and I to return to Sacred Heart. The pupils here are always so respectful and it means so much to us come back and to continue spreading a legacy of forgiveness, peace and hope in Jimmy's memory."

Director of Middle School, Miss Clarke, was delighted to welcome Margaret and Barry back to Sacred Heart, she said: "Year 9 and 10 were fortunate enough to be able to hear Barry and Margaret's story of peace, hope and forgiveness, and to share with us some memories of Jimmy, who they describe as 'their wonderful son'.

"All who heard the talk were in awe of their courage and strength, as they strive to make a difference in Jimmy's name."

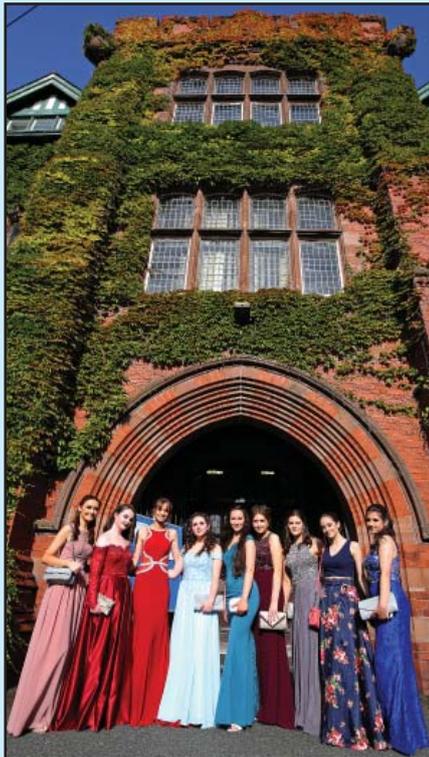


Year 11 sign off in style

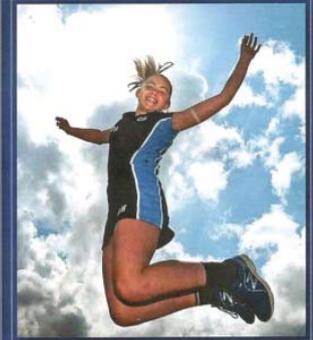
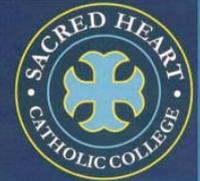
Our Year 11's completed their GCSE journey in style recently as they celebrated the end of exams at the Year 11 Prom.

The brilliant sunshine and lovely warm weather made for the perfect start for our students to show off their suits and dresses before heading off to the fancy surroundings of Aintree Racecourse, where they danced the night away after watching an emotional video, filled with staff members past and present wishing them good luck. Head of Year 11, Mr Robertson, said: "It was a fantastic occasion. Year 11 have been such a great year group and it was the perfect way to celebrate their time at Sacred Heart.

"It's been an absolute pleasure to be part of their journey and we wish them well in the 6th Form and their future studies."



Sacred Heart Catholic College



News in brief

Year 10 and 12 are at their work experience placements this week. There is a 'Women in Science' event at Lower Site tomorrow. Our Heart of Crosby event is on Wednesday and the 5K run in memory of Isabel will take place on Sunday.



Lower Site Open Evening

Monday 15th July

6.00pm

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