

Heartbeat



Monday, May 20



Issue 31

To 'Parboldly' go ...

Two groups of year 11 students took a break from revising for their exams to complete their practice and qualifying expeditions over the Easter holidays for their Bronze Duke of Edinburgh Award, writes Mr Morrison. The practice expedition took place in the countryside around Parbold. After spending the first day working with a DofE supervisor to help the group fine tune their navigation skills, they were then able to complete the second day navigating on their own with various checkpoints used to ensure they didn't get (too) lost. It also gave them the opportunity to try out their outdoor cooking skills, with culinary delights such as chicken curry and rice or Pasta and tomato sauce, with one intrepid explorer realising that trying to survive on tins of tuna wasn't the best idea. They also had the chance to relax around the campfire and enjoy toasted marshmallows and smores (toasted marshmallows sandwiched between chocolate digestives). The qualifying expedition then took place around Scarisbrick. This required the groups to be totally self-sufficient in terms of carrying all of their equipment as well as navigating. Both groups performed to a really high level, with the boys even able to pin point accurately where they had managed to lose one of their maps! The cooking had stepped up a notch, with additions such as chorizo being used to take the pasta sauce to another level. Both groups passed the qualification expedition and despite being tired enjoyed the experience and were rightly proud of their achievements.



In the hot seat

Next half term, just in time for the good summer weather, we are opening up a new seating area for pupils outside D2, writes Mr Langton. This area of the College has always been overgrown and of little use due to its size and location. With a lot of help from our grounds contractors and site staff we have managed to transform this part of our College into a very pleasant seating area. Benches and tables have been installed that will seat up to fifty pupils. The overhanging trees have the added benefit of providing shade from the sun. Outside seating is something the College Council have been asking for, especially in the good weather. We hope that this investment will satisfy this need and complement further external improvements planned for the coming months.



SHCC 5K FUN RUN

& Summer Fayre

Sponsored by the PTA

Race Starts 10am
Registration/ Warm up 9am

Race Entry = £5
Fundraising T Shirt = £5



In support of 'Let's Do This for Isabel'

Games Stalls

Food and Drink

Raffle Prizes

Children's Activities

Ice Cream

Live Entertainment



Sunday 14th July 2019

Upper Site, Endbutt Lane

Entry forms available at www.sacredheart.sefton.sch.uk/wordpress or call 0151 931 2971
Follow us on Twitter @SacredHrtCrosby

News in Brief:

- GCSE and A Level External Examinations continue (Revision sessions taking place throughout the week)
- Y8 Internal Exams continue this week
- Science Primary transition visits take place Tuesday/Thursday
- Wednesday, Girls Liverpool Catholic Schools Athletics Competition – Litherland sports College
- Thursday – Lower Site closed for European Elections
- Saturday Revision classes continue



Sacred Heart Catholic College

Sixth Form Enrolment Day



Friday 23rd August 2019

9 am onwards

Sixth Form Centre, Liverpool Road, Crosby, Liverpool, L23 5TF • visit www.sacredheart.sefton.sch.uk