

Heartbeat



Monday, March 25



Issue 25

Sixth Form Netball team sign off as Champions



Congratulations to the Sixth Form Netball team who have signed off from Sacred Heart as Champions, having won the Merseyside County Netball Finals.

The girls, along with teams from Years 10 and 11, took part in the tournament earlier this month at Wirral Grammar.

Whilst our Year 10s and Year 11s both did magnificently to achieve County finishes of 3rd and 4th respectively, it was down to the 6th Formers to take centre stage.

And the talented team delivered with aplomb, seeing off strong opposition in the shape of Range, Birkenhead and hosts, Wirral Grammar.

A delighted Mrs Mee said: "All the girls were exceptional on the day and a real credit to Sacred Heart.

"We had great support in Mrs Hewlett, Mrs Williams, Mrs Walsh, Ms Smith and lots of parent support, it really was a fantastic following.

"All the girls competed against some of the toughest teams in Merseyside, in Range, Rainford, Wirral Grammar, Birkenhead, West Kirby, St Mary's and Merchant Taylors'.

"It was a fantastic day and we were overwhelmed when our 6th Form team won the U19 competition, beating tough opposition in Range, Birkenhead and Wirral Grammar, who are normally front runners.

Fantastic

"Ahead of the tournament, I told the girls, 'this was their year to shine', and they were fantastic.

"I was so proud of their achievement and for them to finish their school careers on such a high.

"I will truly miss these girls, they have been my team since the start and I could not be prouder of how they have always conducted themselves with the highest

levels of commitment, dedication and team spirit. They have been great ambassadors for Sacred Heart."

Speaking on behalf of the newly crowned champions was Sixth Former, Charlotte Appleton, who thanked Mrs Mee for her continued support throughout the girls' time at Sacred Heart. Charlotte said: "We just wanted to say how grateful we all are for what you have done for us over the past seven years.

"It is sad it has come to an end but it has been the best and winning to become Champions was our last push and we could not be happier. Thank you"

Mrs Mee added: "These are an inspirational group of young ladies who have shown that, with time, dedication and passion, anything is possible.

"Well done, and I wish you all the luck in the world on your next ventures. Congratulations you deserved it."

Staff and students keep on running for Isabel



Well done also to the staff and students who completed the Liverpool Half Marathon earlier this month. Despite the very best efforts of Storm Gareth, our 13 valiant runners all completed the course in good time, with many managing to complete the race in under two hours. Their exploits were all for a good cause too, with the runners all raising money for Music teacher, Isabel Morison. Isabel was diagnosed with brain cancer last year and has been raising money for potentially life-saving treatment in the US. Among the runners was PE's Mr O'Malley, who said: "The weather, especially when we got close to the finish, was wild. It certainly made for a testing time. But we all got round and it was all very much worth the effort as we are all doing it to raise money for Isabel."

The amount raised by the runners has not yet been finalised, with money still coming in. Isabel has a Gofundme page set up. Anyone wishing to donate can do so by visiting; <http://www.gofundme.com/isabel-treatment-fund>

Lucy left jumping for joy at selection for Arena show

Congratulations also go to Year 7 gymnast, Lucy McNally, who was recently selected to perform at the Liverpool M&S Arena in front of 11,000 spectators.

Lucy (7A) was one of only four girls selected to perform a demonstration routine at the British Gymnastics Championships earlier this month.

The talented gymnast was chosen to represent the Beth Tweddle Academy, where Lucy takes her Gymnastics classes.

On hearing of her selection, Lucy described the full range of emotions she felt, before paying thanks to her teachers at Sacred Heart for their continued help and support.

Lucy said: "I was selected from my Gymnastics Class at the Beth Tweddle Academy to perform a routine at the British Gymnastics Championships at the M&S Bank Arena in Liverpool.

"Only four people were selected to perform, so it felt like quite an honour.

"My first reaction was to be shocked and then excited to get the chance to take

part in such a major event.

"My next reaction was to feel very nervous when I was told the Arena would be full with 11,000 spectators for the event on the Saturday afternoon.

"Whilst it was definitely nerve-wracking, it was also a fantastic experience. The atmosphere in the Arena was electric and you could feel the energy and adrenalin.

"I particularly enjoyed seeing the senior and elite gymnasts performing and I hope I can reach their level one day.

"Although our group were only performing a demonstration at this event, I hope if I continue to practice and work hard, then maybe one day I will get the chance to compete in the full competition.

"Having had a chance to sample the atmosphere, I am sure it would be inspiring.

"Also, I am grateful to everyone at Sacred Heart for their encouragement in allowing me to go and for their support in offering me their best wishes."



News in brief

There are trips to the Playhouse tonight and Thursday to see Abigail's Party. There is a Y10 Computer Science Programming Workshop from 9.10am tomorrow. Also tomorrow is a Lakeside Adventure Day. Year 8 Consultation Evening is on Wednesday and Scouts Award Day is on Saturday in St Edward Hall.