

Heartbeat



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Issue 26

Rich Man Poor Man meal leaves food for thought

Our Dining Halls gave staff and students plenty to complain about recently.

The menu offered just soup and a bread roll to 'poor students', who watched in envy as a small group of pupils were served a three course meal by teachers who provided table service.

This, of course, was the Rich Man Poor Man lunch in aid of Cafod.

Students volunteered to take part in an event that saw them face the possibility of a 'poor man's' lunch of soup and a roll. To be in with a chance of a 'rich man's' lunch of pizza, they had to buy raffle tickets.

RE's Miss Clarke explains further. "By choosing to do without their normal meal, staff and students went hungry, which might seem a strange thing to volunteer for, but this was designed to make people think about those throughout the world who have to live with hunger day in and day out."

While students made do with bread and soup, a small number of students were treated to a full meal, more than was necessary, as a visible reminder of the way the world is: some have more than enough, many go hungry.

David Griffiths (9T), one of the winners, said: "The Rich Man, Poor Man meal was very important; as it showed me how many people worldwide go hungry.

"Even if you did not win, you still got a bowl of soup and a piece of bread. This is more than lots of people in the world get every single day. I was one of the lucky ones; I had pizza, drinks, ice cream and cakes for my lunch, much more than I needed."

The donations made will help Cafod to help people in need and try and make sure



things become more fair and equal in the world. It is really good to think that we have made a real difference to peoples' lives.

Miss Clarke added: "By volunteering to go hungry, those who took part were not

so much giving money to charity, as sharing what they had with the poor of the world. Our special thanks go to the kitchen staff on both sites for their generosity in changing the menu and allowing the money raised to go to Cafod."

Students slope off for a week on the Austrian Alps



Our sporty students set off for the annual ski trip to Austria last month. Among those accompanying them was Mrs Jones. Here is her account of the trip.

Early on Friday, February 12, when most people were in bed, a group of 80 students and eight members of staff set off for the snowy slopes of the Austrian Alps.

As parents waved goodbye to their little treasures for a week, we all got comfortable on the coach, ready for the epic 25 hour journey.

Several Batman and Lego films later, we finally arrived at the Ennshof Hotel in Austria. Straight away, we went to get kitted out with our skis, poles, boot and helmets. Everyone was soon looking very snazzy in their top class gear and ready to hit the slopes the next day.

Day one was spent at Flachauwinkl; wobbly legs and faces full of snow were the order of the day. It was clear Jacob Mangan (9T) was not fully in control of his new skis when he skied off the snow and into the fence of the car park.

Following a lot of patient tuition from the ski instructors, progress was definitely being made by everyone at the end of the first day.

On day two, we visited the slopes of Eben, a ski resort very close to our hotel. Some of

the groups were now tackling the button lift with varying degrees of success. Ebony Fairbrother (9D), unfortunately, decided to listen to Mr Summerfield's advice on how to stay upright and promptly fell over. The students were now starting to feel a real sense of achievement, as they began to ski down bigger slopes, mostly in control, although with some exceptions.

Zauchensee was the ski venue for day three. After some changes in ski groups, everyone was getting into their stride at one of the most popular resorts in the area. Everyone was still making great progress, despite spectacular falls and hysterical laughter.

Thursday was race day at Eben. Tension built in the morning as each group speculated about who would fall, who would come first, or how fast people would go in the annual slalom race.

Beth Phelan (11S) was fastest skier overall, with Mr Burke winning the staff slalom, just pipping his daughter to the post. Of course, had Mrs Hewlett not been doing some running repairs to Jess McGinnigle (9E), the result could have been very different. Jess, for her part decided to hurl herself down the slope and became tangled up with a fence. After being checked out, she spent the rest of the afternoon in a deckchair. Some people will do anything to have a lit-

tle sunbathe. In the evening, the ski instructors arrived to present certificates and medals to all the students who had taken part. The top three in each group were also presented with bronze, silver and gold medals.

Friday came around so quickly. Before we knew it, we were back on the coach to come home. Coach B pleaded with Mr Summerfield not to show them the third Batman film, whilst Mr Burke was still sulking about not being allowed to watch the Minions movie.

We arrived back in Crosby, safe and sound, at 6pm on the Saturday. I'm sure all would agree, that a fantastic time was had by all. Well done Sacred Heart.

News in Brief

Year 12 Preparation Exams take place all week from today. There is Drama Moderation taking place all day tomorrow. Also tomorrow, there is a Year 11 Study Skills session taking place during P4. On Friday, there is a meeting for the parents of those students going on the French trip and the Netball trip to Paris leaves on Sunday. Term finishes on Friday, have a good two weeks and see you all on April 18.