

Heartbeat



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Issue 10

Football teams go Dutch with PSV training sessions

Our aspiring footballers had the opportunity to be trained by some of Europe's top coaches last month, as they visited Dutch Eredivisie club, PSV Eindhoven, *writes Mr Summerfield.*

Having departed for the overnight ferry from Hull on October 15, the party of 51 arrived in Rotterdam the following morning, before making their way to De Herdgang, the training complex for the Dutch club, PSV Eindhoven.

There, we met with our representative and enjoyed a welcome presentation from the coaching staff.

The first of the training sessions, conducted by some of the very best youth coaches in Holland, lasted for 90 minutes and involved taking part in a number of fantastic drills.

Hard

After lunch, provided by PSV, the footballers went into their second training session, working extremely hard on a variety of drills.

After training, we checked in to our hotel before stopping for our evening meal.

To continue the busy schedule, we went to watch FC Eindhoven in the Dutch Jupiler League (similar to our Championship league). They were comfortably beaten 4-1 by local rivals Helmond Sport.

On the third day, we visited the Philips Stadion, PSV's home ground, for a behind the scenes tour and a chance to buy souvenirs for that night's match.

Prior to the game, we headed back to the hotel for lunch, before returning to the training complex to watch PSV's under 19's play against FC Twente. Following this, we took part in our third training session at 4pm. After training, it was straight



back to the hotel for our evening meal, before the night's match which saw PSV Eindhoven take on SBV Excelsior.

We were treated to a firework display inside the ground before kick-off.

The match itself was a good game, with PSV going 1-0 up only for the visitors to equalise late on. It was an intense atmosphere, with a great view of the match high up in the stands.

On day four, we checked out of the hotel and headed back to De Herdgang for our final training session ahead of the specially arranged fixtures we had organised. We played JVC Cuijk, a top amateur club in the Netherlands, situated a few kilometres from the German border.

Our sides enjoyed two great victories, Year 9's winning 3-0, with goals from Jacob Abbott, Sam Brierley and Kyle Robinson-Murray (all 9R).

Meanwhile, the Year 10's won 5-0, with Tom Baines (10C) producing a fantastic penalty save when the game was finely balanced at 1-0. Peter Silcock (10A)

scored a hat trick, with Tom Woods (10E) and Jamie Alty (10R) also netting.

After the game, we embarked on our four hour journey to Belgium to get the return ferry from Zeebrugge to Hull.

After breakfast, we departed the ferry and headed back to Sacred Heart.

I would like to thank all the staff who helped out on the trip and hope to return next year.



Cadets lead remembrance tributes on Armistice Day

Sacred Heart fell silent on Wednesday as staff and students remembered those who made the ultimate sacrifice during WWI. The College bell rang at 11am to signify the start of a period of silence as lessons came to a halt.

Given the job of sounding the bell (inset) were Cadets Alex Hulme (11S) and Kate Carey (12A).

The pair, accompanied by Mr Langton, also laid remembrance poppies in the grounds of the College.

Speaking afterwards, Alex said: "It was a big honour for us both to do this for the school."

"We were chosen because of our involvement with the Cadets and we both feel very proud to have been asked to do it."

Staff and students also took part in Remembrance Assemblies to honour those who lost their lives during WWI.



Read all about it - book fair raises £330



This month's book fair has raised an impressive £330.

The twice yearly event, the next one is in February, was held at Lower Site and saw our young bookworms snapping up everything from Girl Online to Minecraft.

Library Assistant, Mrs McAndrew, said: "We usually get half of this

amount in vouchers to spend on the scholastic website bookshop. We ran a competition for students to design posters advertising the fair. The winners were Matthew Wyke (8A) and Erich Hopkins (8S), whose entries are on display in the Lower Site Library. "They each received a £5 book token, which they spent at the fair."



News in brief

There is an HMRC Application Writing session during Period 2 today. Also at Period 2, there is a Mass for Years 9-12.

Tomorrow, there is a meeting at 7pm for the parents of those going on the ski trip, the Robot Challenge takes place in Sefton and Y11 & Y13 students will have their photographs taken. The Y8 trip to London leaves on Friday.

