

Heartbeat



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Issue 36

Opal Coast trip was a gem for Year 8 students



Some of our Y8 students hopped across the Channel recently to experience and enjoy some French culture on the Opal Coast. ICT's Mr Summerfield gives us his account of the trip.

On Wednesday, June 12, just before midnight, the Year 8 coach departed for France ahead of a two day fact-finding trip. We headed towards Dover through the night for a crossing to Calais the following morning. We picked up our main driver, Graham, at Calais, before making the crossing and arriving in Boulogne to experience the local culture as we walked around the town's medieval walls and had lunch. The pupils were able to practise their French for the first time.

After lunch, we headed towards our hotel, the Hippotel, where we had our evening meal before visiting Le Touquet, the popu-

lar seaside town, a 20 minute walk away.

We had an early start on Friday, with breakfast at 7am, before setting off to Asterix Theme Park, near Paris. This was a long, six hour return journey but a very enjoyable day. The group spent the day in the theme park with plenty of rides to go on; it was very quiet and sunny which made it more enjoyable without the long queues.

We had our evening meal back at our hotel at 8pm, after which we headed back in to Le Touquet to experience some more local French culture and played some games on the beach.

Saturday was another busy day. After breakfast, we went into Le Touquet for the local market, rue du Metz, where more French speaking was needed. The pupils walked around the lovely market, enjoying the French stalls. Our coach driver picked

us up on the front to make our way towards Boulogne-sur-Mer to have lunch and visit the Nausicaa Aquarium Centre. The group walked around the centre looking at the different varieties of marine life. We then went to a bakery in Escocouilles to see how local French bread was made.

That evening, after our meal, we headed in to Le Touquet for a disco, in which we had the whole room just for our group for a few hours. There was plenty of dancing from both the boys and the girls. After a late night, we headed back to our hotel to get to bed for an early start for the journey home. On Saturday morning, we were up early packed ready for our return home. We arrived back on time, tired but full of good memories. I would like to thank Mrs Fagan Miss Lynch, Mr O'Malley and Mr Gardiner for giving up their time.



Pies the limit

Watch out Gordon Ramsey and Jamie Oliver because two Sacred Heart students are cooking up a storm in the College kitchens.

Callum Moss (far left) and Daniel Waterman (both 8A) certainly wowed their teachers with their foody flair during the recent six week Cookery Club. Run at Lower Site with Mrs Harper, the two boys showed they could tempt the taste-buds with anything from chicken pies to jam buns, which were a particular favourite of Daniel's, who said: "I really enjoyed Cookery Club. The jam buns were my favourite and I would love to be a chef when I leave school."

Young athletes on track to claim first and second

Congratulations to our athletes who claimed first and second place in the recent Catholic Schools' Athletics Competitions.

Held at Wavertree, the boys scored a very impressive 651 combined points total to finish runners up.

The following week, the girls went one better after they wracked up an incredible score of 932 points to claim first place.

PE's Mrs Murray said: "Thanks go to Mrs Hewlett and Mrs Williams for the hard work they put in to after-school Athletics Club and congratulations to all the students who competed.

"Good luck to our athletes who are in action again today and tomorrow."



Police video gets Lower Site premiere

Our Year 8 students were the first to see a Merseyside Police video recently. Journalists from television, radio and the newspapers descended on Lower Site to see the video, aimed at tackling 'hate crime', given its first public viewing. The video advises victims, 'not to suffer in silence'.



In the news: Year 8 students are interviewed by the Granada Reports team.

News in brief

Year 10 exams start today. Good luck to those students involved in the Sefton Athletics Championships today and tomorrow. There are Music Transition sessions taking place in the Prep Hall every afternoon this week, up to and including Thursday. On Friday, there is the Year 11 Leavers' Ball. This year's event takes place at Aintree Racecourse.