

Heartbeat



Tuesday, May 7

Issue 30

Let's dance



The College's annual Gym & Dance Display took place recently, when 120 girls strutted their stuff on the dancefloor, writes PE's Mrs Murray. The girls showed they were not just flexible in their routines but also with their repertoire, as they shook, rattled and rolled to Irish, tap, ballet, contemporary and modern disco. The gymnastics consisted of floor work, cheer-leading and a vaulting routine. The energetic youngsters also performed in front of Year 5/6 pupils from Ursuline and St Edmund's & St Thomas'. Our primary pupils thoroughly enjoyed the show, with many saying they are looking forward to taking part next year. An evening performance, in front of parents, was a huge success yet again. Thanks to all the students for their hard work and special thanks to Michael Woods (13R) who helped out tremendously with the light and sound.



College SVP group offer care to the community



SVP epitomises what Sacred Heart is all about, 'Caring and Achieving Excellence within a Christian Community', *writes Chloe O'Rourke (10C).*

The members are dedicated to sacrificing time to give to others who need it more. Students attend clubs or hostels, go on visits to Nazareth House, help out at Silver Surfers and visit the homeless. The latter, visiting the homeless, is done by Sixth Form students, whereas visits to Nazareth House and assisting the Silver Surfers are duties carried out by those in Year 9 onwards. This gives students an experience to grow as people and learn invaluable lessons.

Visiting Nazareth House takes place after College on a Thursday. The time spent with residents is golden, because many of them have little or no family, so it gives a chance for them to know their voice is being heard and matters to someone.

Many people join, expecting to be sitting around for an hour listening to old women having a good rant, which must be said, that in some cases, this stereotype can be true. Despite this, many of the residents have stories to tell about the life they used to live, may it be fighting as a soldier in the war, teaching, or even being a nun, they all have a lesson to teach you. Silver Surfers gives the students a chance

to become the teacher, by passing on all the knowledge they have accumulated about the use of computers to the older generations. A large percentage of the older generation find the prospect of using modern technology daunting, so that is where the students come in. One-to-one tuition is offered so the experience is personal, therefore making progress the best possible.

Overall, I think the services provided by the school, to the wider community, is exemplary, benefitting all participants. I am extremely grateful for the opportunities given to me and for how I have been able to grow as a person through doing so.

U16s reach cup final

Congratulations to the U16s Football team who have reached the Final of the Liverpool/Barclays Merseyside Cup. The boys beat Woodchurch 3-1 in the quarter final with goals from Joe Ralston (2) and Joe Phillips. In the semi-final, they beat Kirkby Sports College 6-0, with goals from Liam Turner (4), Michael McKevitt and John Holloway. Good luck to the boys in the final - a date and venue has yet to be finalised.

News in brief

There is a staff netball/football match at 3.30pm tomorrow on Lower Site. On Friday, there is a 'Jamie Somers' Ladies Night (see the advert, right).

SHCC PTA

are proud to present



Jamie Somers

as

Michael Buble

Sacred Heart Catholic College Lower Site Hall

Friday 10th May 7:30pm till Late

Bar

Tickets £7.50 including a free drink