

Heartbeat



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Issue 19

It's snow time

Our students have been swapping their studies for the slopes as they prepare for next month's ski trip.

With less than five weeks to go, the final preparations are taking place to ensure everyone is fully prepared for the slopes of Austria.

Throughout January, hour-long ski practice sessions have been taking place at Runcorn Ski Centre each Monday.

One of the trip organisers, PE's Mr Burke, explained what happens during the sessions. He said: "Whilst there, they learn the basic skills of putting on ski boots, getting in and out of their ski bindings, how to walk around with skis on, how to fall over

safely and how to get back up again - which is absolutely vital for any beginners - how to do basic skiing such as 'snow ploughs' and, perhaps most important of all, how to stop safely.

"We have no doubt at all that there will be much fun and laughter had by all as they attempt these new skills for the first time. However, by making the most of this opportunity, it is hoped that most members of the party can get off to a flying start when they step out onto the real snow for the first time in Austria."

The ski trip party will set off from College on February 15.



All white: The College looked more picturesque than ever last week as the north west was hit by heavy snow. This beautiful image was captured on Friday, 18 January, at the start of the downfall.





Helena and George nab Newman essay prizes

Congratulations to Helena Mimmagh (pictured centre right, 10H) and George Knifton (centre left, 12D) after their essays earned them both prizes in a writing competition. The talented pair won the Newman Society Essay writing competition, for their essays about the real meaning of Christmas. It is the second successive year Sacred Heart students have won the prize. This year, the theme of the competition was, Have We Lost The Real Meaning of

Christmas? Helena won in the GCSE category, while John Costigan (10E) and Gregor Gordon (10T) were runners up. George triumphed in the A-level category, which saw Jessica Wilson (13R) and Tom Hanlon (12A) finish runners up. John Potts (pictured left), from the Newman Society, came into the College to present Helena and George with £50 cheques. Speaking at the presentation, Mr Potts

said: “The Newman Society felt all six students really applied themselves and wrote thought-provoking and original essays explaining the real meaning of Christmas and the debate over whether this has been forgotten.” Afterwards, Head of RE, Mr Moorhead said he was ‘very proud’ of the students. The Newman Society is a national organisation that promotes discussion and debate within the Catholic Church.

Call for justice

Students from 12A are campaigning for justice for Ramze Shihab Ahmed, a 70-year-old man serving a 15 year jail sentence following an alleged unfair trial in Iraq. Campaigners for his release say his whole case took the length of a typical registration period in the morning. In just 15 minutes, he was dealt with and a verdict reached. Campaigners at Amnesty International believe this is ‘impossible’ and that an ‘injustice’ has been carried out. Students at the College agree and have signed a petition to get Ramze freed.



Alex Farrington said: “I just wanted to do something to help.” Alex is pictured alongside Michael Foat and Ryan Houghton. Head of RE, Mr Moorhead, said: “I am very proud of 12A and their desire for justice.”

News in brief

The final examinations of the January schedule take place today. Also today, there is another practice session on the dry ski slope in Runcorn at 5.30pm. Connexions career interviews take place tomorrow. On Wednesday, Choir rehearsals take place at 3.40pm in the Chapel, Samba Band practice takes place on Thursday at 3.40pm in the Prep Hall and Orchestra rehearsals at 3.40pm on Friday, also in the Prep Hall. Silver Surfers meet at 3.40pm in G8 on Thursday, on Friday, there is a theatre trip to Manchester to see Accrington Pals, leaving at 4pm.