

# Heartbeat



Monday, June 27

Issue 34

## Bells to ring in the change for charity bike ride

Year 10 twins Hannah and Gemma Bell will be getting on their bikes for charity on Sunday.

The keen cyclists are taking part in the Liverpool to Chester Bike Ride on Sunday, 3 July, to raise money for the Huntington's Disease Association.

Hannah and Gemma, who celebrate their 15th birthdays tomorrow, decided to do the charity ride having lost their great grandmother to the neurodegenerative genetic disorder, and having also learned their grandmother has the condition too. Hannah explained more about the disorder. She said: Huntington's Disease (HD) is an hereditary disorder of the central nervous system. The disease usually develops in adulthood and can cause a wide range of symptoms.

"HD affects both men and women. Each person is born with a 50-50 chance faulty gene (Chromosome 4). Anyone who inherits the faulty gene will, at some point,

develop the disease.

"At the moment, there is no cure for the illness but there are ways to manage symptoms."

The sisters now hope to raise plenty of money through sponsorship for the charity and are looking forward, with some trepidation, about the ride which includes cycling through the Queensway Tunnel.

Gemma said: "We are both excited and nervous at the same time. We have been practising two to three times a week but we've never done a 30 mile ride before, certainly not through tunnels and up hills like this ride will involve."

Hannah and Gemma both paid their own £21 registration fees to enter the event, a proportion of which will go to Claire House which has been selected as the designated charity for this year's Liverpool to Chester ride.

Sponsorship forms will go out to students in registers this week. Anyone outside of



College interested in sponsoring Hannah and Gemma are asked to contact the school on 0151 931 2971.

## PE department scoops top gong at sports awards

Congratulations to the College's PE department who won School of the Year at the 10th Anniversary of the Sefton Sports awards. Held at the Floral Hall in Southport on June 15, the ceremony recognised the vast amount of wonderful work and achievements that pupils throughout Sefton have produced in all areas of sport. Our Girls' Cross Country team, who had won through to the National Finals, received a Highly Commended

Award in front of 550 guests, many of them hoping to win an award themselves. Year 9 student Erin Donagh, herself a member of the Cross Country team, also received a Highly Commended Award for Junior Sports Personality of the Year. Lauren Brennan, who was in our 6th Form last year, won Female Sports Personality of the Year for her achievements in Athletics. Head of Girls PE, Mrs Hewlett, said: "It was a fantastic night for the College."



# College welcomes VIPs from Sierra Leone

As this edition of Heartbeat is being distributed, two teachers from Sierra Leone should have just landed in the UK, well on their way to visit us at Sacred Heart, writes *Head of Geography, Mr Kennedy*.

Following the visit of Mrs Sargison and myself to Sierra Leone, in the February half-term, the College will this week host two teachers from our Partnership School, Lorenzo Gorvie Memorial School, Waterloo, Sierra Leone, funded by the Global Schools Partnership's Global Curriculum Project.

Headteacher, Mr Dawodu, inset, and Head of Science, Mr John, pictured, above right, will be making the 3,000+ mile journey by road, ferry and plane to see us. They have never completed any travelling like this before and are quite anxious but really looking forward to visiting us. It has generated a lot of excitement at Lorenzo Gorvie Memorial School. Sierra Leone is one of the world's poorest countries and very different to life in the UK. Ten years ago Sierra Leone was experiencing a violent civil war. During their visit to school, from Tuesday, 28 June, until Friday, 1 July, they will be finding out a lot about life at Sacred Heart, experiencing life in a vibrant UK secondary school.

It will include meeting lots of pupils and staff through lessons in a range of curriculum areas and many other activities during and after the school day.

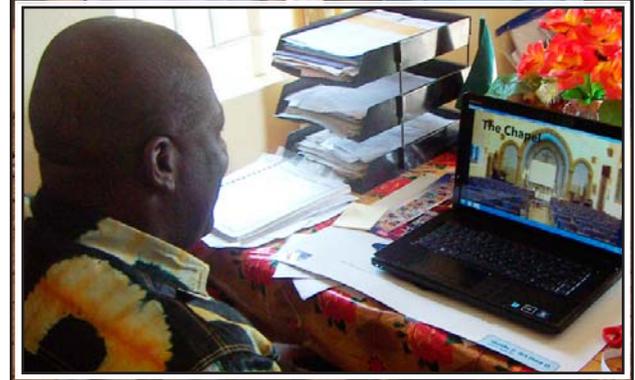
From e-mails Mr Dawodu has sent, which is difficult with so few Internet connections available in Freetown and following a one-hour journey from Waterloo, he tells me that Mr John and himself are really looking forward to visiting us. I am sure the pupils and staff will enjoy meeting them and provide a warm welcome like Mrs Sargison and myself received when we visited them.

They will also be able to help our pupils find out more about Sierra Leone. They will add some first hand experience of water supply problems and solutions in Sierra Leone to Year 10 in Geography to supplement the GCSE Watery World topic.

Year 8 completed a Geography project about Sierra Leone in January just like the pupils who are now in Years 9, 10 and 11. They have also been involved in asking questions and sharing answers with pupils at Lorenzo Gorvie, which there will be more of during the week.

The Sacred Heart students will be answering questions set by the pupils from Lorenzo Gorvie and Mr John and Mr Dawodu will take the answers back to the pupils in Sierra Leone.

Following the visit, there will be an opportunity for staff, pupils, parents and the local community to attend an after school presentation shortly before the summer holidays about the two visits and the overall project. There will also be an update in Heartbeat in two weeks' time about the visit.



**Sacred Heart Catholic College**

*Summer Concert*  
An evening of  
classical music

**St Nicholas Church, Blundellsands**

**19th July, 2011**

**7.00 pm**

**Tickets £5 (including a glass of wine)**

## The week in brief

The French Flying Theatre are at Lower Site today performing for Y7 & Y8.

Our Y7-10 Girls' Athletics team are in action this after-

noon, the Boys tomorrow.

Finally, the Year 11 Leavers' Ball takes place at Aintree Racecourse on Friday. Coach leaves the College at 6.30pm.